

SpeakOut Capacity Building

works with parents with
intellectual disability - mums and
dads, both ante and post natal.

What we do:

- ▶ identify the gaps in their parenting knowledge and skills
- ▶ identify parent directed goals
- ▶ build on what parents can already do and use purposeful resources to teach new skills
- ▶ build on each families strengths
- ▶ develop their self advocacy skills so they can better communicate their needs to health professionals.

For further information, please contact:

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